

Loving Connections and Nurturing Lifestyles:



A day-long retreat for couples cultivating fertility

Saturday, October 27th

9:30am – 4:00pm

Includes lunch and refreshments

\$250 per couple

*Wear comfortable clothing for movement
(no yoga experience necessary!)*

Birmingham Conference Center
on the corner of Evergreen and 13 Mile Road
see website for location info (www.trainhere.com)

248.737.7126. www.acupunctureinmichigan.com

With

Julie Silver MSW, Dipl. Ac. Board Certified Acupuncturist
Monica Mae Klemmer Dipl. Ac. Board Certified Acupuncturist
Gail Parker PhD, RYT, Psychologist
Sara Davidson, Anusara Yoga Teacher

Enliven and strengthen your relationship, lifestyle and health through nutrition, yoga, and loving communication.

Couples will learn simple Chinese Medicine and nutritional guidelines to increase fertility, both for men and women. Practice the art of meditation, healing movements, and breath work in gentle partner yoga. With guidance, participants will also learn a communication process that is designed to open the heart, promote emotional growth, and support more emotionally intimate connection.

Join us for a day of celebrating and nourishing your most significant relationship.

Registration Information

Please send registration and money to:

AHA
attn: Monica Mae Klemmer
7001 Orchard Lake Road, Ste 132
West Bloomfield, MI 48322

Make checks payable to AHA (Acupuncture Healthcare Associates)

Names _____

Phone Number _____

Address _____

Email _____

Registration Date _____ Check # _____