

# Loving Connections and Nurturing Lifestyles:



## A day-long retreat for couples cultivating fertility

Saturday, October 27<sup>th</sup>

9:30am – 4:00pm

Includes lunch and refreshments

**\$250 per couple**

*Wear comfortable clothing for movement  
(no yoga experience necessary!)*

Birmingham Conference Center  
on the corner of Evergreen and 13 Mile Road  
see website for location info ([www.trainhere.com](http://www.trainhere.com))

248.737.7126. [www.acupunctureinmichigan.com](http://www.acupunctureinmichigan.com)

With  
Julie Silver MSW, Dipl. Ac. Board Certified Acupuncturist  
Monica Mae Klemmer Dipl. Ac. Board Certified Acupuncturist  
Gail Parker PhD, RYT, Psychologist  
Sara Davidson, Anusara Yoga Teacher

*Enliven and strengthen your relationship, lifestyle and health through nutrition, yoga, and loving communication.*

Couples will learn simple Chinese Medicine and nutritional guidelines to increase fertility, both for men and women. Practice the art of meditation, healing movements, and breath work in gentle partner yoga. With guidance, participants will also learn a communication process that is designed to open the heart, promote emotional growth, and support more emotionally intimate connection.

*Join us for a day of celebrating and nourishing your most significant relationship.*

Please send registration and money to:  
AHA  
attn: Monica Mae Klemmer  
7001 Orchard Lake Road, Ste 132  
West Bloomfield, MI 48322

Make checks payable to AHA (Acupuncture Healthcare Associates)

### Registration Information

Names \_\_\_\_\_

Phone Number \_\_\_\_\_

Address \_\_\_\_\_

Email \_\_\_\_\_

Registration Date \_\_\_\_\_ Check # \_\_\_\_\_